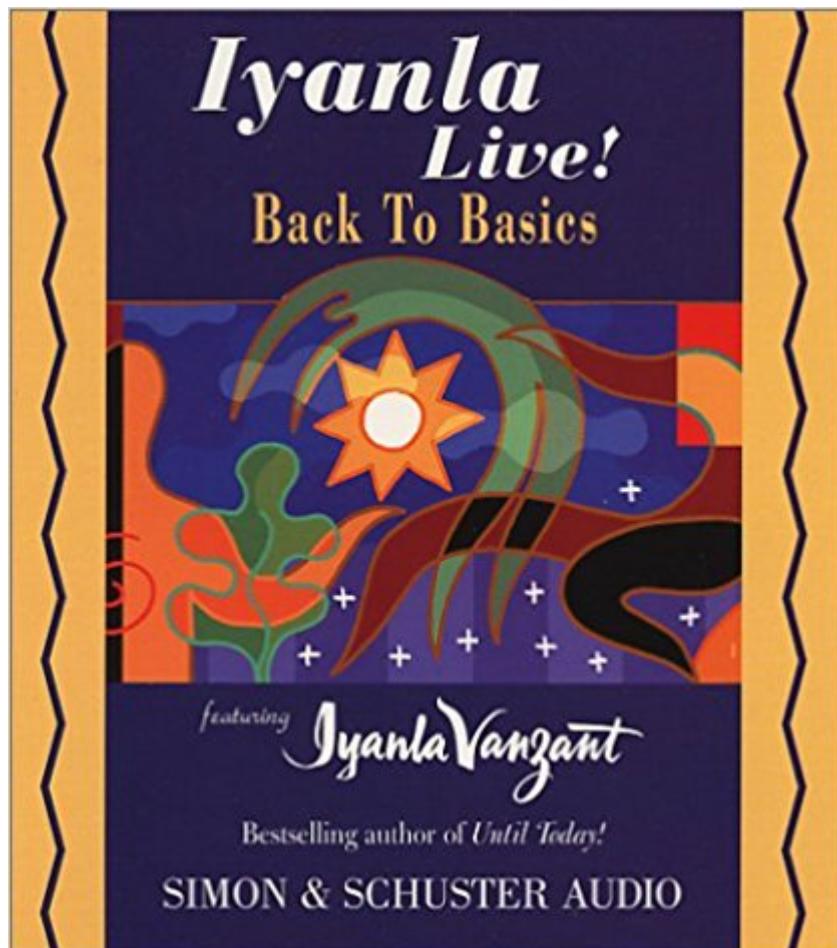


The book was found

# Iyanla Live Volume 8 Back To Basics



## **Synopsis**

In this live recording Iyanla Vanzant shares how we can put our principles into practice by getting back to basics. To live a fully realized life, we must get back to basics and act on Faith. Faith is what we are. It is Faith that gets us through adversity. Faith gets us "on purpose." It is Faith that allows us to pull the power down and not get knocked down by the conditions and the circumstances of the world. Faith! It's not that we don't have Faith, it's that we've forgotten our basics. In order to act on Faith, Iyanla challenges us to get back to basics, and move out of mediocrity into mastery.

## **Book Information**

Series: Iyanla Live! (Book 8)

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Best Sellers Rank: #2,132,075 in Books (See Top 100 in Books) #9 in Books > Books on CD > Authors, A-Z > ( V ) > Vanzant, Iyanla #2077 in Books > Books on CD > Health, Mind & Body > Self Help #2084 in Books > Books on CD > Health, Mind & Body > Personal Growth

## **Customer Reviews**

Vanzant's good will is infectious. Her ability to mock herself makes it easier for the rest of us to admit our own foibles. Back to Basics opens with a wonderful homily about why women have to try harder than men. The author jokes that when men try to get into heaven, they are only asked one question while women are required to answer four. God is truly in the details of her stories. Faith, she argues, is humanity's purpose on earth, and the only way to live a fully realized life is to get back to basics. She acknowledges that even people with faith get knocked down, yet Vanzant (The Value in the Valley) hopes to give her listeners the tools to get back up again. She is an empowerment specialist, spiritual life counselor, and minister. In Transformation, Vanzant is willing to admit to a time in her life when she stole and double-dipped from the welfare department in order to make ends meet. She makes her audiences believe that they can transform their lives because she did. Vanzant also confesses that she, on occasion, is not immune to the allure of her old life. On

the day that she recorded this book in New York, the author traveled by plane with a grandchild in tow, who did not understand why pizza and French fries were unavailable on the flight from their hometown. Upon arrival, their day did not improve. No one met their plane or helped with luggage. Adding insult to injury, Vanzant needed handouts photocopied, and no one was available to help her with her grandchild, luggage, or unscheduled stops. She jokes about how hard it is to keep a good attitude when life doesn't go as planned. Having written seven books in five years, she has to be one of the hardest working ministers in America. Vanzant is on the best sellers lists because she is willing to tell hard truths (discipline is everything) with dignity and wry amusement. Both tapes are recommended for all libraries. Pam Kingsbury, Alabama Humanities Fdn., Florence Copyright 2001 Reed Business Information, Inc. --This text refers to the Audio Cassette edition.

Iyanla Vanzant is the award-winning and bestselling author of *Acts of Faith*, *The Value in the Valley*, *Faith in the Valley*, *One Day My Soul Just Opened Up*, *In The Meantime*, *Yesterday I Cried*, and *Until Today*. As an empowerment specialist, Spiritual Life Counselor, and ordained minister, she lectures and facilitates workshops nationally with a mission to assist in the empowerment of women and men everywhere.

A much needed reminder! I have this on audio cassette, but of course my vehicle has a mp3/CD player. I ordered the CD and it came promptly, packaged well, with no scratches or any defects. I listen to this every morning on my way to work. It helps me re-center, focus, and remind myself to pay attention to my thoughts, actions, and goals. This was Iyanla before she became "Oprahfied" I really enjoy the message. I am very happy to have found this CD.

This so-much-more-than-a-speech was recorded live before a packed audience at Detroit's Unity Temple. I first discovered it on tape through my county's library back in 2002 and was so impressed I purchased a copy. I've listened to it so many times that this year for Christmas, I am buying 3 copies on CD for friends of mine. Packed with humor, ageless wisdom ( i.e. the things that Grandma taught you, but you were so busy rolling your eyes at her that you didn't listen, 'cause she was old and got on your nerves!)and divinely-sparked instruction, Iyanla challenges each of us to own our right to be called women of grace and dignity. I have grown so much by applying what she speaks of to my life that all I can say is, "Thank God for Iyanla!".

I LOVE THIS TAPE, I LISTEN TO IT ALMOST EVERY DAY. THIS TAPE TRANSFORMED BY

THINKING, HOW I LIVE LIFE AND HOW I DEAL WITH OTHERS! THIS IS FOR MEN AND WOMEN OF ANY COLOR - IT SHOULD BE CALLED A GUIDEBOOK FOR THE HUMAN CONDITION.

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Iyanla Live Volume 8 Back To Basics Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Iyanla Live! Volume 3: Love Iyanla Live Volume 7 Transformation Iyanla Live! Volume 2: Faith Iyanla Live! Volume 4: Commitment Iyanla Live! Grace Iyanla Live Gratitude Iyanla Live Peace Of Mind Iyanla Live!: Self-Value, Self-Worth, Self-Love Iyanla Live! Forgiveness The Complete Beginners Guide to Raising Small Animals: Everything You Need to Know About Raising Cows, Sheep, Chickens, Ducks, Rabbits, and More (Back-To-Basics) (Back to Basics Farming) Back to Basics: A Complete Guide to Traditional Skills (Back to Basics Guides) The Complete Guide to Preserving Meat, Fish, and Game: Step-by-step Instructions to Freezing, Canning, Curing, and Smoking (Back-To-Basics Cooking) (Back to Basics Cooking) The Complete Guide to Building Classic Barns, Fences, Storage Sheds, Animal Pens, Outbuildings, Greenhouses, Farm Equipment, & Tools: A Step-by-Step ... (Back-To-Basics) (Back to Basics: Building) Fight Back Pain: Healing Backache, Strengthening Muscles and preventing pain (Live Long Live Health Books) Back Care Basics: A Doctor's Gentle Yoga Program for Back and Neck Pain Relief WP205 - Bastien Piano Basics - Theory - Primer Level (Primer Level/Bastien Piano Basics Wp205) WP210 - Bastien Piano Basics - Performance - Primer Level (Primer Level/Bastien Piano Basics Wp210) A Workbook for New Testament Syntax: Companion to Basics of New Testament Syntax and Greek Grammar Beyond the Basics

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